

CME FOR TEACHERS OF SAMHITA SIDDHANTA

**Organised by
Dept. of SamhitaSiddhanta
Government Ayurveda Medical College,
Bengaluru-560009**

**Sponsored by
Rashtriya Ayurveda Vidyapeeth, New Delhi
12th February 2024 to 17th February 2024
Report**



Organising Team: Dr. Surekha Medikeri
Dr. Anand Katti
Smt. Shreelakshmi Bhat

- Principal
- Organising Secretary
- Co-ordinator

DAY 1: Day started with the registration of the delegates followed by a scientific session

SESSION 1:

Resource Person: Dr.Ritesh Ashok Gujarati

Topic: Tantrayukti

Session Highlights:A detailed narration of all the tantrayukti and its application in the samhitas and in research methodology was aptly presented and narrated with simple easy examples in the samhitas so that the knowledge can be transferred to the undergraduate students.

INAUGURATION:From 10:30am onwards inauguration function was carried out with the following dignitaries on the Dias



Chief Guest: 1. Dr.Shreedhara B S, Joint Director, Department of AYUSH, Karnataka

2. Dr. Ananta S Desai, Chairman, Board of Studies (PG), RGUHS, Karnataka

President: Dr Veena MS In Charge, Principal, Government Ayurveda Medical College, Bangalore.

Organizing secretary:Dr. AnandKatti,Professor, Department of SamhitaSiddhanta, Government Ayurveda Medical College, Bangalore

Anchoring: Dr. Anjani S Pai (Panchakarma PG Scholar)

SESSION 2:

Resource Person:Dr. Vasudev Chate

Topic:Samanya Vishesha Siddhanta

Session Highlights: A vast explanation on practical application and various references of Samanya Vishesha Siddhantha was presented such that it could be easily identified and grasped by under graduate students.

SESSION 3:

Resource Person:Dr.Ritesh Ashok Gujarati

Topic: Tridosha Siddhanta

Session Highlights: A detailed narration of all the tantrayukti and its application in the samhitas was aptly presented and narrated with simple easy examples in the samhitas so that the knowledge can be transfer to the undergraduate students.

SESSION 4 :

Resource Person:Dr. Vasudev Chate

Topic:Paramanu Vaada and Swabhavoparama Vaada

Session Highlights:

DAY 2

SESSION 1 :

Resource Person:Dr. Bishnupriya Mohanty

Topic:Pramana

Session Highlights: A detailed narration of the pramanas and its application in the day to day practice and understanding the samhitas

SESSION 2:

Resource Person: Dr. Bishnupriya Mohanty

Topic: Vyadhikshamatva

Session Highlights: In depth study of Ayurveda concept of immunity in reference to Bala, Oja and other relevant parameters, its role in health maintenance and generalized measures to enhance immunity.

SESSION 3 :

Resource Person: Dr. Vinod Kumar M V

Topic: Introduction to various philosophies, Ayurveda as Darshana

Session Highlights:Session saw Introduction to various schools of Darshana, their basic principles, objectives and utility. Brief outline of basic principles of Ayurveda, Relation of principles of Ayurveda with other schools of Philosophy. Philosophical facet of Ayurveda, its rationale and role of philosophy in the development of Ayurveda Need of alteration to incorporate in modern day scenario of Ayurveda. All these were emphasised.

SESSION 4 :

Resource Person:Dr. Vinod Kumar M V

Topic: Loka Purusha Saamya

Session Highlights:Loka and Purusha parallels and non-parallels, comparative utility in understanding human physiology with proper logical interpretation. Theory of evolution according to different schools of thoughts.

DAY 3

SESSION 1 :

Resource Person: Dr. Kirathamoorthy P P

Topic:Guna with system Biology

Session Highlights: In this session conceptual difference in the two sciences viz Modern medical science and Ayurveda were discussed. The lacunae in Modern physiology and how Ayurvedic Concepts offer better understanding was provided through System Biology.

SESSION 2 :

Resource Person: Dr. Kirathamoorthy P P

Topic: Guna and its clinical applicability

Session Highlights: Characteristics and types of Guna, Guna for clinical practice (ChikitsopayogiGuna). Clinical application and significance of Guna Siddhanta in Research. Understanding Prakruti samasamavaya and vikruthivishama samavaya from the purview of Guna Siddhanta.

SESSION 3 :

Resource Person: Dr Rajarajeshwari N M

Topic: Koshta- Agni- Srotas

Session Highlights: Assessment of Koshta and Agni clinically. Differential analysis of Koshta in Vyadhyavasthas. Difference between Srotodushti & Khavaigunya in clinical purview. Application of Dosha gati and Roga marga in clinical purview. These points were meticulously covered.

SESSION 4:

Resource Person: Dr Rajarajeshwari N M

Topic: Bhesaja sevana kaala

Session Highlights: Understanding of unique approach of Ayurveda about drug administration time and its significance with the help of clinical illustrations.

DAY 4

SESSION 1 :

Resource Person: Dr. Hitesh Vyas

Topic: Daiva vyapashraya and

SattvavajayaChikitsa

Session Highlights: A detailed narration and applicability of Daiva vyapashraya and Sattvavajayawas given along with its vast application the samhitas

SESSION 2 :

Resource Person: Dr. Hitesh Vyas

Topic: Manas

Session Highlights: Concept of Mana, Exploring the concept of Mano Swasthya of Ayurveda. Discussing views of allied texts on concepts of Mana Clinical aspects of RagadiManasika bhavas. Activity-questionnaire to assess the Prasanna AtmaIndriya and Mana.

SESSION 3 :

Resource Person: Dr. Anand Katti

Topic: Ayurveda as Research manual

Session Highlights: the session focused on identifying and emphasising Samhita references on all aspects and topics available in Medical Research.

SESSION 4 :

Resource Person: Dr. Anand Katti

Topic: Manuscriptology

Session Highlights: A vast knowledge of the manuscripts was shared like about its collection preservation, there style and many other matters were narrated

DAY 5

SESSION 1 :

Resource Person: Dr Raghavendra Udupa

Topic: Exploration of Upakramas

Session Highlights: Types of treatment modalities eg. Santarpana and Apatarpana Chikitsa, Shad Vidhaupakrama, Antarparimarjana and Bahiparimarjana Chikitsa etc. Descriptive and clinical interpretation, Limitation and utility, indication and contraindication of procedures with examples.

SESSION 2 :

Resource Person: Dr Raghavendra Udupa

Topic: Jnapadodhwamsa

Session Highlights: Concept of pandemic/epidemics in Ayurveda and its management, communicable diseases with specific management. Concept of Niyata and Aniyata Ayu, Analysis of Dharma and Adharma in present time scenario.

SESSION 3 :

Resource Person: Dr. Mahesh Vyas

Topic: Methodology adopted in Brihatrayee

Session Highlights: Descriptive study of Siddhanta, its types & application with suitable examples. Discussion on the potential implementation of Siddhanta in modern research methodology. The importance of Ayurvedic principles in the research aspect of current scenario with its need of alteration and up-gradation as per the contemporary research field.

SESSION 4 :

Resource Person: Dr. Mahesh Vyas

Topic: Atma

Session Highlights: Understanding Atma in clinical facet. Views of allied texts on concepts of Atma. Significance of Atma in various contexts from Samhitas.

DAY 6

SESSION 1 :

Resource Person: Dr. Abhijit Saraf

Topic: Tachchilya, Arthashraya, Kalpana

Session Highlights: Application of arthashraya, Tachchilya, Kalpana with the teaching, learning, writing, treatment, medicine etc has been narrated.

VALEDICTORY FUNCTION: The Valedictory Function was Conducted at 10:30 am in the presence of the following guests



Chief Guest: 1. Sri Srinivasulu, Commissioner, Dept of AYUSH, Karnataka
2. Dr. Ramachandra Shetty, Director, Advanced Research, RGUHS, Karnataka
President: Dr. Surekha Medikeri, Principal, Government Ayurveda Medical College, Bangalore
Organizing secretary: Dr. Anand Katti, Professor, Department of Samhita Siddhanta, Government Ayurveda Medical College, Bangalore
Anchoring: Dr. Sruthi S (Rachana Shareera PG Scholar)

SESSION 2 :

Resource Person: Dr. Manoj Chaudhari

Topic: Karya Karana Vaada

Session Highlights: Introduction to various theories (Vada) of Ayurveda (Vividha Vada), Different theories regarding the relationship of cause and effect like Satkaryavada and Asatkarya Vada etc., Ayurvedic approach of cause effect theories, Utility and applicability of cause effect theory in clinical practice and research.

SESSION 3 :

Resource Person: Dr. Abhijit Saraf

Topic: Arishta Vijnana

Session Highlights: Scientific reasoning of Arishta Lakshana. Prognosis of diseases, selection criteria for treatment, assessment of curable and non curable diseases

SESSION 4 :

Resource Person: Dr. Manoj Chaudhari

Topic: Kala

Session Highlights: Understanding the concept of Kala through Samhita, its Utility and significance in vyadhi avasthas.

Resource persons



Dr. Ritesh Ashok Guajrathi



Dr. Vasudev Chate



Dr. Bishnupriya Mohanty



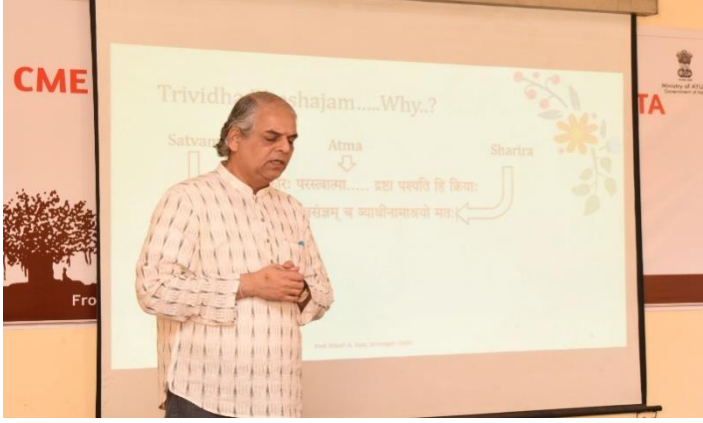
Dr. Vinod Kumar M V



Dr. Kirathamoorthy P P



Dr. Rajarajeshwari N M



Dr. Hitesh Vyas



Dr. Anand Katti



Dr. Mahesh Vyas



Dr. Raghavendra Udupa



Dr. Abhijit Saraf



Dr. Manoj Kumar Chaudhari